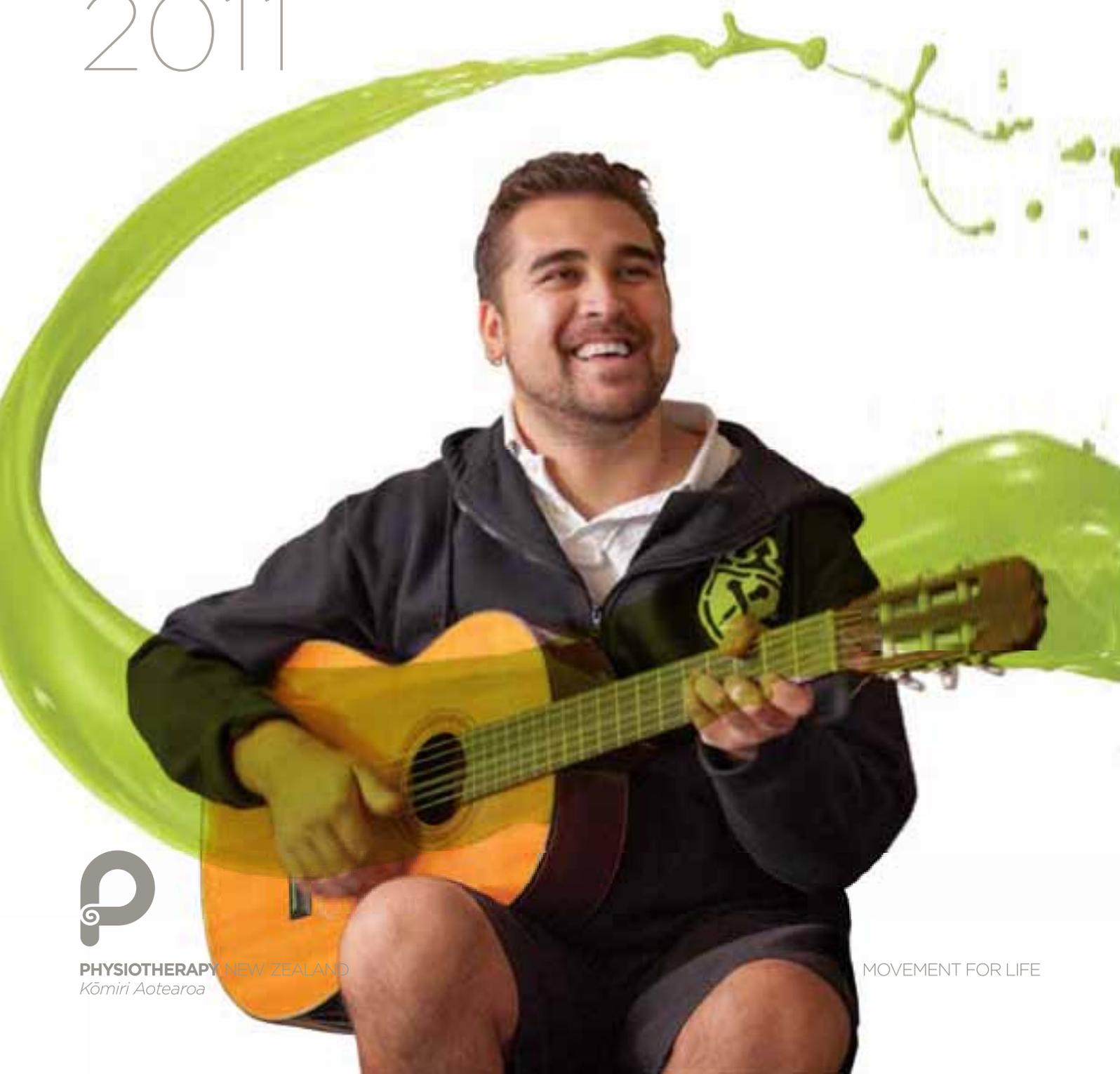


PHYSIOTHERAPY NEW ZEALAND ANNUAL REPORT 2011



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Cover: “Since I started physio I see an open door, not a brick wall.” Whai allowed us to use his story for raising awareness about the benefits of physiotherapy for people with arthritis.



www.facebook.com/PhysiotherapyNZ
<http://www.youtube.com/user/nzsp1>

www.physiotherapy.org.nz

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Physiotherapy New Zealand
 PO Box 27 386, Marion Square, Wellington 6141
 Level 5, 195-201 Willis St, Te Aro, Wellington 6011, New Zealand
 Phone: +64 4 801 6500 | Fax: +64 4 801 5571 | Email: nzsp@physiotherapy.org.nz
www.physiotherapy.org.nz

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PHYSIOTHERAPY NEW ZEALAND | MOVEMENT FOR LIFE
Kōmiri Aotearoa

STRATEGIC OUTCOMES

1. HEALTHIER NEW ZEALANDERS THROUGH THE DELIVERY OF QUALITY PHYSIOTHERAPY SERVICES.
2. A HEALTHY, SUSTAINABLE PHYSIOTHERAPY WORKFORCE THAT IS ALIGNED TO MEET THE HEALTH NEEDS OF THE POPULATION.
3. PROMOTE THE VALUE AND UNDERSTANDING OF PHYSIOTHERAPY TO THE PUBLIC AND WIDER HEALTH SECTOR.
4. A STRONG, VIBRANT SOCIETY THAT ADVANCES THE PROFESSION.

PROMOTING SUSTAINABLE, QUALITY REHABILITATION

Our focus for the year was on our future role of providing quality rehabilitation to all New Zealanders within a sustain-able model, and on promoting what we do. This report is organised according to the outcomes expected in our strategic plan.

Healthier New Zealanders through delivery of quality physiotherapy services

What a great sense of achievement in December, when the Physiotherapy Board ratified the *Aotearoa New Zealand Physiotherapy Code of Ethics and Professional Conduct!* This was a joint effort between Physiotherapy New Zealand and the Board. We are grateful to Dr Lynley Anderson for her facilitation, consultation, and development of this key piece of work.

To help members align themselves with the changing needs of the health and disability sector, we provided continuing education and information. A workshop during the August SIG/ Branch seminar exploring the question, "How can the physiotherapy profession become more responsive to population health needs?" brainstormed ideas to inform National Executive planning.

A healthy sustainable physiotherapy workforce

Showcasing physiotherapy as first choice for cost-effective physical health maintenance and rehabilitation, we supplied Workforce New Zealand with examples of innovative physiotherapy programmes.

Our strategic plan recognised the need to support new graduates within an ever-changing environment which poses many challenges to the whole profession. Accordingly, our support package was released near the end of the year in time for new graduates' entry to the workforce.

Support provided to Māori, particularly Māori students, through Tae Ora Tinana

should help increase the number of Māori physiotherapists and the profile of Māori within the profession.

Promote the value and understanding of physiotherapy to the public and the wider health sector

Early in the year National Executive accepted a marketing and communications plan aimed at raising awareness about the benefits of physiotherapy. The first focus for raising awareness, on arthritis and physiotherapy, began in September.

As President, I met with key stakeholders in the health and disability sector, continuing to advocate strongly for physiotherapy.

A strong vibrant Physiotherapy New Zealand that advances the profession

Reaction to the 22 February earthquake in Christchurch shows the strength and resilience of the profession. The National Executive decision to devote considerable resources to supporting Canterbury members proved important for those members' wellbeing.

National Executive and Tae Ora Tinana finalised their partnership agreement, a basis for both groups to work more effectively together and better understand each other's perspectives and needs.

We have strengthened links between the various groups within Physiotherapy New Zealand, and gained from their perspectives.

To align members' skills with changing demands, National Executive decided to employ a specialist who will develop and co-ordinate relevant upskilling.

I was privileged to represent Physio-

therapy New Zealand at the World Confederation for Physical Therapy General Meeting and Congress in Amsterdam in June. Quite a large contingent of New Zealand members attended the congress – some presenting, all stimulated by the learning, the ideas and the buzz of 5,000 delegates from 105 countries.

Globally the messages are much the same as those we promote here. For instance, the World Health Professions Alliance aims, "to strengthen health care systems to ensure an integrated and collaborative approach by health professionals in prevention, specialist treatment and rehabilitation." We can influence health policy by a clear unified message presenting solutions.

Dr Margot Skinner continues her devoted and inspirational work on the Executive of WCPT and in the Asia West Pacific Region.

We maintained a close relationship with the Australian Physiotherapy Association.

Acknowledgements

I want to thank Martin Chadwick, Lynda Kirkman and Lynne Taylor, who left National Executive in May, for sharing their expertise and giving their time so generously in the interests of the wider profession. Ian d'Young, Greg Knight and Karen Rasmussen, who were elected in May, joined Dave Nicholls, Denis Kelly and me, melding quickly into a hard-working unit whose sights are firmly set on our strategic goals. Many thanks to all.

The Society is its members, without whose support nothing could be achieved. Communication – working together – is vital to our profession. I offer particular thanks to the Kaitiaki of Tae Ora Tinana and the various committees who selflessly give their time and talents. I also acknowledge the sterling work of our Executive Director Karen McLeay and her committed, friendly and professional team.

Gill Stotter
President



OUR FIRST FOCUS FOR RAISING AWARENESS ABOUT THE BENEFITS OF PHYSIOTHERAPY WAS ON ARTHRITIS AND PHYSIOTHERAPY. JOCELYN AND WHAI WERE PATIENTS WHO TOLD THEIR MOVING RECOVERY STORIES

PLANS IN ACTION

My report concentrates on how the National Office team carried out the actions laid down in our 2011 business plan, to achieve our strategic outcomes. I want to acknowledge and thank my team for their support and hard work to achieve our goals.

Healthier New Zealanders through delivery of quality physiotherapy services

- Building on the new code of ethics, we revised the *Physiotherapy New Zealand Standards of Practice* which will be finalised in 2012 following consultation.
- We formed strong relationships with partner associations such as Arthritis New Zealand and the New Zealand Orthopaedic Association.
- We revised the Scholarship Trust Fund deed to encourage innovative research.
- We established a contract for member access to the EBSCO databases for members' research.

A healthy sustainable physiotherapy workforce aligned to meet the health needs of the population

- We published *Workforce Guidance for Employers and Physiotherapy New Graduates*. Editorials and articles in *Physio Matters* underlined the need to support those entering work.
- We drafted a position statement on supervision, for consultation in 2012.
- We began considering options for a career pathway.
- Students and others gained from the hui tauira (student hui) organised by Tae Ora Tinana.. Kaitiaki also hosted two indigenous Australian physiotherapists who presented at the hui, for a study tour.
- We held a CPD forum where topics aligned with our strategic goals.

- We provided information to encourage members towards electronic data communication.
- We gave administrative support to the College of Physiotherapy.

Promote the value and understanding of physiotherapy to the public and the wider health sector

- Our first venture into social media to promote the profession was a Facebook page in May, which quickly gained popularity.
- We used video for the first time when raising awareness about physiotherapy and arthritis,. Two five-minute videos on YouTube showing individuals' experience of physiotherapy each attracted several hundred viewers. Newspaper articles, radio, TV and Facebook also carried the message. We began planning the next focus for our awareness raising, on physiotherapy and respiratory health.
- We used our website strategically to promote physiotherapy. From mid-May to 31 December, the site had 30,700 unique visitors.
- We made submissions on a large number of consultative documents, and met with politicians, ACC, and other government agencies such as the Ministry of Health and Health Workforce New Zealand to advocate for physiotherapy.
- We strengthened ties with various health organisations. The Allied Health Professionals Associations' Forum addressed common concerns and promoted our professions.

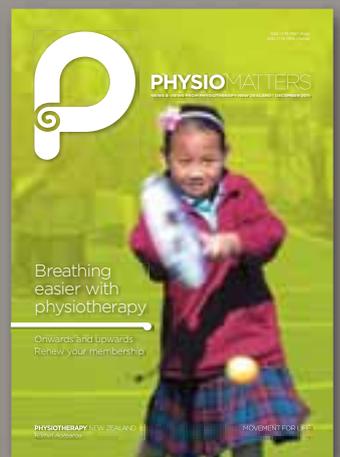
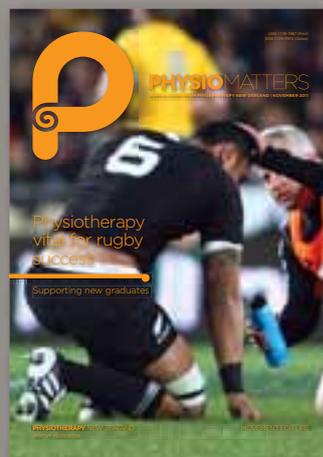
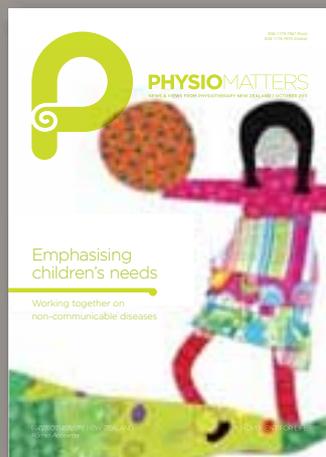
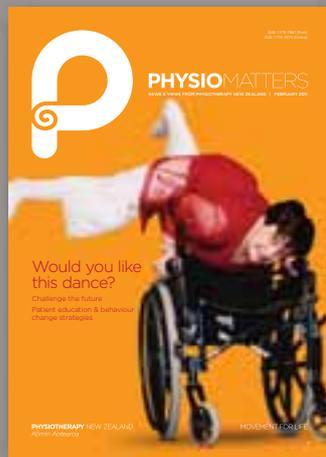
A strong vibrant Physiotherapy New Zealand that advances the profession

At the end of the year we had 3,088 members, which was similar to the number at the end of 2010.

- Canterbury members kept on providing services despite all their difficulties. Other members offered all kinds of practical help. We kept close contact with affected members, and met with them in Christchurch, to establish their needs. After we appointed Nicola Green as Physiotherapy Earthquake Liaison and Support, she initiated various measures including subsidised counselling.
- Representatives from all our branches and special interest groups and Tae Ora Tinana attended the two Strengthening the Links seminars in Wellington. These have become essential for consulting our profession's leaders in order to align with necessary change.
- Most of our branches have consolidated their funds with ours, which allows them to retain financial independence while relieving them of accounting and auditing responsibilities and satisfying the PNZ audit requirements.
- We assisted several branches and special interest groups to update their rules and procedures.
- The return on Physiotherapy New Zealand investments increased, as did our revenue from advertising.
- Online payment of subscriptions and online membership applications increased.
- With David Nicholls we worked on the history pages of the website, for the 2013 centenary.

Karen McLeay
Executive Director

THE 2011 YEAR PORTRAYED IN PHYSIO MATTERS



COMMITTEE MEMBERSHIP FOR 2011

National Executive

Gill Stotter, President
Greg Knight – from May
Co-Vice President
Ian d’Young – from May
Co-Vice President
Martin Chadwick – until May
Vice President
Dr David Nicholls
Denis Kelly
Karen Rasmussen – from April
Lynda Kirkman – until May
Lynne Taylor – until April

Tae Ora Tinana

Kaitiaki

Lynda Kirkman – Chair
Katrina Bryant
Maarama Davis
Kate Haswell
Andrea Havell
Leroy Lawrence
Ann McKellar
Karen Rasmussen
Hera Walker
Emma Webb

Kaumtua and Kuia

Matua Bill Barlow
Whaea Pat Barlow

Ethics Committee

Andrew Jones – Chairperson
Pat Cunniffe – Lay representative
Fy Dunford
Heather Worley
Dr Meredith Perry
Jess Radovanovich

Honorary Editorial Committee New Zealand Journal of Physiotherapy

Associate Professor Leigh Hale – Editor
Janet Copeland
Dr Anna Mackey (since August)
Dr Stephan Milosavljevic
Dr Suzie Mudge
Dr Stephanie Woodley
Dr Julie Reeves – until May
Dr David Nicholls – until March

Finance Committee

Sheila Mann – Chair
Gill Stotter – President
Cheryl Hefford
Greg Lynch
Alan Laurenson – Lay representative

ML Roberts Award Committee

Martin Chadwick
Dr Elizabeth Hay-Smith
Janet Copeland – Policy and
Research Advisor

Scholarship Trust Committee

Gill Stotter – President
Greg Knight – co-Vice President
Dr Sandra Bassett
Dr Barry Donaldson
Kate Haswell – Tae Ora Tinana
representative
Dr Stephan Milosavljevic
Janet Copeland – Policy and
Research Advisor

Physiotherapy New Zealand Medical Staffing International Award Committee

Sheila Mann
Jill Miller
Janet Copeland – Policy and
Research Advisor

TAE ORA TINANA

*Naku te rourou nau te rourou ka ora ai te iwi
With your basket and my basket the people
will flourish*

2011 was a year of partnerships for Tae Ora Tinana, but also saw us bid a reluctant farewell to Cath Waetford, after nearly 10 years of service to the Society and Tae Ora Tinana. We have yet to find a suitable opportunity to acknowledge Cath's contribution. We welcomed new Kaitiaki Maarama Davis, Andrea Havell and Emma Webb, and acknowledge the continuing service of Kaitiaki Kate Haswell, Ann Mckellar, Katrina Byrant and Leroy Lawrence. Congratulations to Karen Rasmussen on her election to National Executive. And thanks to Ema Moore, on parental leave this year, and Jarrod Ria, who has faced some huge challenges to his health. Arohanui ki ngā koutou katoa.

The theme for the 2011 Hui-tauaira held at Manukanuka o Hoturoa marae in Tamaki-Makau-Rau was "Student Mentoring". Guest speakers were Ray Gates, Chair of the National Association of Aboriginal and Torres Strait Islander Physiotherapists, and Kingi Snelgar, lawyer and past president of the Māori Students Association at Auckland University. 22 students from AUT including 2 from Otago, 3 new graduates and 6 Kaitiaki, kaumatua, kuia and manuhiri (including a super-nanny Kuia) enjoyed a successful hui.

A hiko to introduce our manuhiri, Aboriginal colleagues Ray Gates and Marilyn Morgan, to Te Ao Māori, helped us to lay the foundations for a relationship which will hopefully benefit Indigenous Australian and Māori physiotherapy students, and enrich the entire physiotherapy profession in the future.

Initiated by the National Executive of 2008, a Treaty partnership agreement which clarifies the nature of our relationship and terms of engagement was completed. Throughout the process, we were supported by our kaumatua and kuia with whaikōrero from Matua Bill and his manutioriori, Whaea Pat.

*He iti ra, he iti ra mā pihī pounamu – quality can be
more precious than quantity*

.....
*Lynda Kirkman
Chair*

Images from the well attended hui tauaira held in July 2011



ETHICS

Activities and achievements

Policy

This year saw a significant achievement in regard to the Code of Ethics. The previous *Guidelines for the Code of Ethical Principles*, ratified by the Society Annual General Meeting in 2003, was reviewed by Lynley Anderson, former chair of the Ethics Committee and Senior Lecturer at Otago University's Bioethics Centre, on behalf of both Physiotherapy New Zealand and the Physiotherapy Board of New Zealand. Following considerable work and wide consultation, the Physiotherapy Board ratified the new *Aotearoa New Zealand Physiotherapy Code of Ethics and Professional Conduct* in December. The Board sent a hard copy to every physiotherapist and the document is available on both the PNZ and Physiotherapy Board websites. The committee would like to express its gratitude for the time and effort invested by Lynley in this review.

Advice and education

We provided advice via correspondence to PNZ members throughout the year. We wrote a column providing advice to physiotherapists regarding the complexities of employment contracts and selling products to clients. With the review of the Code occurring this year, education was not a strong focus, but will be central to the committee's work in 2012.

Complaints

No complaints were reviewed by the committee in 2011. Any significant complaints were forwarded to the Physiotherapy Board for review.

Plans

In 2012, our focus will be on providing education opportunities relating to the new Code as well as invigorating the current case study resources.

Underpinning the *Physiotherapy Code of Ethics and Professional Conduct* will be the *Physiotherapy New Zealand Standards of Practice*, which have been revised by Dr Lynley Anderson and Janet Copeland to ensure that they align with the new *Physiotherapy Code of Ethics and Professional Conduct*. The *Physiotherapy New Zealand Standards of Practice* will come out for consultation early in 2012.

.....
Andrew Jones
Chair

JOURNAL NEW ZEALAND JOURNAL OF PHYSIOTHERAPY – VOLUME 39

Activities and achievements

It has been a productive and rewarding year for the journal. The three issues included eleven peer-reviewed articles, three invited clinical commentaries, five clinically applicable papers and fourteen book reviews. Our section "Hand Made History" introduced in 2010 (a series of retrospective pieces to mark the lead-up to a hundred years of physiotherapy in New Zealand), continued with a historical paper and accompanying commentary in each issue.

The update of processes and documents continues to improve quality. Introduced in 2011 was a new attractive cover page. I met with Southern Colour Print to discuss improving the layout of the journal and the formatting of tables and graphs.

I joined the International Journal Editor's Group.

Acknowledgements

We acknowledge and thank Dr David Nicholls and Dr Julie Reeve, who resigned from our Honorary Editorial Committee during the year, for their significant contributions. Dr Karen Peebles and Dr Anna Mackey accepted invitations to join the Honorary Editorial Committee.

My gratitude for all the hard work of: Copy Editor Bryan Paynter, Janet Copeland, Amy Macklin, the Honorary Editorial Committee, and journal reviewers – invaluable in the smooth running of the Journal. I also extend my thanks to all Journal contributors.

Plans

We are presently updating the author instructions to ensure manuscripts are submitted in a standardised format. We will also introduce a checklist for authors to complete on submission to assist the formatting and editing process and to ensure that ethical approval has been documented in all manuscripts (as appropriate).

The 2012 March issue will publish all 2011 reviewers' names. Reviewers currently receive certificates acknowledging their contribution to the journal.

Application for Medline access for the Journal will be on the agenda for 2012.

.....
Leigh Hale
Editor

SCHOLARSHIP TRUST FUND

The Scholarship Trust Fund was established in 1980 to promote, encourage and assist members carry out physiotherapy research and contribute to physiotherapy education in New Zealand.

Recipients of awards

The Scholarship Trust Fund Selection Committee met on 7 November to consider the applications made to the fund. The following awards amounting to a total of \$64,084.65 were made.

Research projects

Dr Julie Reeve

The development of a person-centred exercise-based cancer rehabilitation programme: a qualitative inquiry to capture the perspectives of cancer survivors

Awarded: \$14,513

Dr Haxby Abbott

Enhancing the Effectiveness of Physiotherapy for individuals with Knee Osteoarthritis

Awarded: \$11,066

Dr Jon Cornwall

Fibre types and muscle spindles in the suboccipital muscles

Awarded: \$9541.80

Dr Hilda Mulligan

Effects of a natural disaster on physiotherapy service provision: the Canterbury earthquake

Awarded: \$4422

Ben Darlow

The Attitudes and Beliefs of New Zealanders about Low Back Pain

Awarded: \$5410

Innovative Practice grant

(This is a new category following revision of the Trust Deed.)

Assoc Professor Leigh Hale

Developing Bridges New Zealand

Awarded: \$19,132.25

.....
Janet Copeland

Policy and Research Advisor

M.L. ROBERTS PRIZE

The M.L. Roberts Prize was established in 1983, named in honour of Miss Mary Louise Roberts, first Principal of the New Zealand School of Physiotherapy.

The prize of one year's membership of Physiotherapy New Zealand is awarded for the best research project carried out by a fourth-year physiotherapy undergraduate student or group of students from the two Schools of Physiotherapy.

In recognition of the different structure of the research component for fourth-year students at the University of Otago and AUT University, two awards are presented annually.

Award winners

School of Physiotherapy, AUT University

Luke Heales

The reliability of assessing brainstem pathways that regulate pain

School of Physiotherapy, University of Otago

Ben McLeod, Bridget Henderson, Connor Austin, Mark Crouchley and Michelle Borren

The Challenges of Finding Sports Concussion Information on the Internet

.....
Janet Copeland

Policy and Research Advisor

PHYSIOTHERAPY NEW ZEALAND/ MEDICAL STAFFING ACHIEVEMENT AWARD

This Award is sponsored by Medical Staffing International to the value of \$1000.

The winner of the 2011 award was Jon Warren to attend and chair the session at the WCPT Congress in Amsterdam:

"What does advanced practice mean for physical therapy and patient care?"

Note

Kirsten Thomforde, Director of Medical Staffing has informed us that after 2011 Medical Staffing International will no longer be sponsoring this award.

.....
Janet Copeland

Policy and Research Advisor

PRIMARY HEALTH

Working party members

Ian d’Young, Chair; Martin Chadwick (until May); Helen Wheldon; Bryce Milsom; Catie Noble; Lynda Kirkman (part-year); Janet Copeland

Acknowledgements

Many thanks for the efforts by the group this year, and in particular to Martin for his leadership.

Activities and achievements

The role of the primary healthcare working party has been to identify strategies enabling the profession to develop a set of skills that address the changing face of health provision in New Zealand. The need for a shift towards a greater focus on population health, health promotion and preventative care, and on community-based interdisciplinary management of chronic conditions was identified in the 2009 report *Engaging in Primary Healthcare*.

In 2010 the group developed a series of educational module concepts outlining the key issues required to provide the profession with the practical skills to address this new environment. In 2011, the group focused on the transition from broad concepts to identifying a process where these might become a reality. The group presented its recommendations to the National Executive, and it was agreed that funding would be provided to enable this transition.

There now follows a process, to be led by Dr David Nicholls from National Executive, to develop a structured course delivering a practical, useful tool for the profession based on these modules. This course will incorporate both individual and group study, practical tasks designed to help physiotherapists address the changing health environment at a local and regional level, and an opportunity for shared experience, all with the help of a moderator experienced in the primary healthcare field.

Plans

We anticipate that the first of these courses will be available from August 2012. The working party will now change to an advisory board capacity to assist in their development.

Ian d’Young
Chair

HISTORY

100 YEARS OF NEW ZEALAND PHYSIOTHERAPY 1913-2013

Working party members

David Nicholls, Chair; Erik Dombroski; Barbara Hetherington; Gill Johnson; Billie McLeod; Ann McKellar

Activities and achievements

We have been busy gathering more interviews, documents and archive records and further developing some of the material to appear on the history website in early 2013.

We have completed 50 oral history interviews. These interviews were partially edited and some completed to publishable standard.

Our document collection continues to expand. Some material has gone directly to the Hocken Library in Dunedin, which continues to support Physiotherapy New Zealand, and some remains in Auckland.

We embarked on three major archiving projects. Firstly a complete log of the contents of every *New Zealand Journal of Physiotherapy*, dating back to the first edition in September 1938. We also undertook to produce a full catalogue of all archives held at the Hocken Library and at Archives New Zealand in Wellington. This massive venture is ongoing and the work at Archives New Zealand may not be completed until the end of 2012.

We published pieces in the *Physio Matters* “Making History” column: on becoming a first contact profession; the Hanover Street pool in Dunedin; our work finding hidden treasures at Archives New Zealand; the opening of New Zealand’s second school at ATI in 1972; and an overview of our oral history project.

Plans

Our plans for the centenary celebration are taking shape and we have made decisions about some ways we will promote it.

With only one year left, much of 2012 will be spent organising our assorted materials and incorporating them into the PNZ website. The bulk of the work for this five-year project should be completed by the end of the year.

David Nicholls PhD MA GradDipPhys
Chair, New Zealand Physiotherapy History Working Group

OUR ELEVEN BRANCHES PROVIDE EDUCATION, NETWORKING AND LOCAL SUPPORT FOR ALL MEMBERS THROUGHOUT THE COUNTRY. BRANCH COMMITTEES ARE THE UNSUNG HEROES WHO MAKE THINGS HAPPEN.

NORTHLAND

Committee Members

Ben Gray, Chairperson, Acting Secretary; Judith Bale, Treasurer; Bernadette Luxford; Holly West; Jill Coenra; Brian De Vetter; Dale Kent-Smith; Miranda Vriend; Neil Secker; Vasantha Bjornholdt; Virginia Stanaway

Activities and Achievements

- In March we held a cultural competence DVD night.
- The AGM was held in April. David Nicholls travelled from Auckland to present to us on health economics and the future of physiotherapy.
- In August our colleague Brian De Vetter presented a weekend Kinesio taping course.
- David Nicholls returned by popular demand in September to present his Reflective Practice in Continuing Professional Development course on the Saturday, and then on the Sunday presented his Embodiment course.
- In continued collaboration with the Northern Rural Nursing and Allied Health Consortium, many members attended the Chronic Pain Study Day in Paihia in August. The consortium also provided various other training opportunities throughout the year which our Mid and Far North members attended.
- In November we hosted a representative from Sport Northland to present a seminar on the Green Prescription.
- The Manaia PHO continued to invite us to Continuing Medical Education (CME) meetings every month or two. The "8 Hot Topics in Orthopaedics" was particularly well attended in November.

Plans

- The AGM is being planned for April. Paul Birch will tell us about his community pulmonary rehabilitation pilot and Ian D'Young will present on setting up his rehabilitation service for people with haemophilia.
- We plan to hold two one-day courses on weekends this year – one with a musculoskeletal focus and one on motivational interviewing.
- We continue to keep the focus of the Northland Branch on providing training opportunities for our members.

.....
Ben Gray
Chairperson and Acting Secretary

NORTH SHORE

Committee Members

David Beattie, Chairman; Jenny Mercer, Secretary; Viv Sheldon, Treasurer; Jenny Anderson, Scholarship Committee; Andy Schmidt, Newsletter Editor; Niki Saywell; Andrew Jones; Carol Armitage

Acknowledgement

I thank our committee for their continued hard work for our branch.

Activities and Achievements

We held five clinical meetings at the Millennium Institute Of Sport and Health.

- Kirsty Robb, a physiotherapist and ex-New Zealand representative cyclist, presented on assessment and treatment of athletes in her practice and in the various teams she works with.
- Clinton Pinto from Auckland Radiology Group gave an outstanding presentation on radiological examination of the shoulder. He emphasised that physiotherapists are wonderful diagnosticians but, due to costs, need to be judicious in decisions about seeking further imaging if it will not change current management of the patient.
- Chris Hanna, sports physician, emphasised the role of physiotherapy in the management of spondylololsthesis in the athlete.
- The highlight of the year was ex-All Black and Rugby Sevens icon Eric Rush talking to us on his upbringing, sporting/business career and, naturally, the injuries he had sustained. Eric has been treated by many North Shore Branch physiotherapists over his career and was extremely complimentary about their abilities and professionalism. Eric is an inspirational speaker whose philosophy on life, sport and business have many parallels with our approach as therapists towards our profession and clients.

Plans

In 2012 we will attempt to attract more members to our clinical meetings through Facebook, as the committee wants to foster greater integration of our profession. Our first meeting will feature an orthopaedic hand surgeon, an anaesthetist and a hand therapist discussing Chronic Regional Pain Syndrome from a surgical, pain management and hand therapy perspective. We will continue to have more meetings of this calibre to inform and stimulate our members.

.....
David Beattie
Chairman

AUCKLAND

Committee Members

Amanda Brown, Chairperson; Sandie Alexander, Secretary; Susan Lugton, Treasurer (resigned 29/08/11); Moira Fahy, Treasurer (from 29/08/11); Jenny Andrew; Paula Beck; Laura Holder; Konnie Howat; Lynne O'Sullivan

We gratefully acknowledge Susan Lugton's ten years of service as a committee member and treasurer. Laura Holder was welcomed to the committee at the 2011 AGM.

Activities and achievements

- In March, Susan Lugton from "Moving Well Physiotherapy" described "An Introduction to Mindfulness as it relates to Physiotherapy Practice."
- In May, Brendan Coleman FRACS presented, "'Shoulder Surgery and the Role of the Physiotherapy."
- In June, a Saturday Symposium with five speakers addressing "Physiotherapy – Now and Into the Future" was well received.
- In August we held our AGM following a presentation on "Prescribing Physical Activity for Clients with Diabetes" by Teresa Cleary (Diabetes Auckland).
- Finally, in October, Ian d'Young, ADHB Haemophilia Physiotherapy Practitioner, presented "Modern Physiotherapy Practice in Haemophilia."
- We also held four branch committee meetings for planning.
- In addition to our clinical evenings, Auckland Branch organised and subsidised three St. John's Basic Life Support (CPR) courses in August, October and November.

Congratulations to Verna Stavric, Auckland Branch Scholarship fund applicant, who was awarded \$750 and Annabelle Berrie, awarded \$500.

The 2011 John Morris Memorial prize was awarded to Pippa Rhodes (AUT).

The inaugural Auckland Branch of PNZ prize, for "Leadership and Community Service in AUT Year 3" was awarded to Joshua Ioane.

Plans

In 2012, we are aiming to host a minimum of four Branch evening meetings, with speakers of general interest. Additionally we are planning a further Symposium and will continue to offer Basic Life Support courses.

The committee welcomes both greater member attendance at Branch meetings and suggestions for activities and speakers at our clinical evenings.

.....
Amanda Brown
Chairperson

WAIKATO BAY OF PLENTY

Committee members

Nicky Nunn, Chair; Clare Ramsey, Treasurer; Julia Williams, Secretary; Shanel Cornille, Newsletter Editor

Activities and Achievements

Thanks to the time and effort of many members, we have run meetings successfully in each of our sub group areas, featuring a variety of interesting topics and speakers. Jenny Lucy, with the help of others in the region, has facilitated a programme of bi-monthly meetings in Te Aroha/ Coromandal; Eilidh Mc Gillivray in Whakatane; Jan Miller in Rotorua; Trish Johnson and I in Hamilton.

Topics included: shoulder injuries; depression and anxiety; trigger point therapy; neuro-rehabilitation; ACL injuries; and concussion in the adolescent sportsperson. Speakers have included physicians, an orthopedic surgeon, a clinical psychologist, local physiotherapists; and teaching physiotherapists.

Attendance has been excellent for the meetings, showing a general desire to be part of an educational network.

The committee has also organized events including a presence at the Arthritis Marathon designed as a marketing play for physiotherapy. Since our Annual General Meeting was moved to February 2012, an interim Special General Meeting was held in July coinciding with a weekend Mulligan course. This was unfortunately not well attended and we also had to cancel a parallel day course due to lack of interest.

Plans

Our AGM on February 18 in Tauranga begins the year in which we hope a new committee will be formed to continue with our plans to hold a Part B Mulligan course, further our marketing drive by getting involved with local events, and continue to encourage the smooth running of each subgroup. I wish to thank the committee and all the subgroup representatives for all their hard work this year and reiterate that the Waikato BOP committee will be stepping down in 2012.

.....
Nicola Nunn
Chair

HAWKE'S BAY

Committee members

Barbara Mawson, President; Di Mackie, Secretary; Leanne Wait, Treasurer; Barbara Gardiner, Public Liaison Officer; Colin Tutchen; Raewyn Newcomb; Juliet Rawnsley; Kirsty Reisima; Rachel Kyle; Lee Anne Taylor; David Kerr, Angela McCamish, Dawn Birrell, Justin Mills.

Acknowledgements

Many branches are envious of our dynamic and enthusiastic committee. I cannot speak more highly of their commitment and readiness to take on jobs needed. Thanks particularly to Di, our anchor, Dawn, and Leanne, and to Barb Bardiner and Kirsty who are stepping down after many years of support.

Activities and achievements

- Visits to one of our branch life members, Johnnie Johnston, in her rest home
- Welcoming again a student hub at the hospital – students with us for a full year and all the rotations involved
- Submissions from the branch to PNZ on new accounting practice. We have handed some management to National Office to meet PNZ audit requirements.
- Updating branch rules
- Finalising education fund protocols
- Attending Branch/SIG Strengthening the Links seminars

Courses

- May – Specialist occupational physician John Kerr and Anne O'Donnell – "Pain syndromes and their management"
- June – Barb Gardiner and Kim Taylor – Māori Cultural Update
- August – Edmond Otis – one-day Cognitive Behavioural Therapy
- October – Tony Schneiders – Postgraduate educational opportunities at Otago Physiotherapy School. Research presented by Tony and two groups of fourth-year students
- October – Contemporary Neurodynamics course

Plans

- Coping with ACC making substantial changes to service delivery
- Exciting courses to keep practice current and members enthusiastic

.....
Barbara Mawson,
President

MIDDLE DISTRICTS

Committee members

Philippa Horne, Chairperson (until September); Sharon Taylor, Secretary; Vicki Rea, Treasurer (from October); Sasha Johnstone, Treasurer (until October); Jennifer Christie; Helen Davis, Lorna Maurer; Lynne Powley

Activities and achievements

The Middle Districts Branch has had a tough year, having to make a lot of decisions with the input of members.

- We started with a very successful Mark Oliver course in Palmerston North in March. An added bonus was Brian Mulligan's guest appearance.
- Unfortunately we have had to do a lot of reshuffling within the Committee, being down to six members in total – two from each area. Philippa and Sasha kindly filled in until positions could be filled.
- With the increasing demands on all our members' lives, it became apparent things needed to change. After the PNZ Strengthening the Links seminars I brought back to the Committee some good feedback from other Branches.
- We sent a questionnaire to all members for their invaluable input. The outcome has been a decision to become three subgroups for the purpose of CPD activities and meet up as a Branch once a year for a course and AGM.
- We have continued to teleconference regularly, send out newsletters updating members, and post our minutes on the PNZ website.
- We have had a struggle to get our new bank account up and running with planned signatories leaving and forms having to be re-done and posted around the country, but we have eventually got there!

Plans

- In 2012 the AGM will be in New Plymouth at the end of March with Mary O' Dwyer as our speaker.
- We need more members to step up and become involved.

.....
Sharon Taylor, Secretary
Vicki Rea, Treasurer

WELLINGTON

Committee members

Sue Doesburg, Chairperson; Meredith Perry, Secretary; Beverly Karl, Treasurer; Andrew Imrie, Newsletter Editor (until May); Louise Waghorn; George Mathews (deceased September)

Acknowledgments

Thanks to Andie Imrie for his work as newsletter editor over the last few years. In mid-September committee member George Mathews passed away. We'd like to acknowledge George for the time he gave and the caring and gentlemanly perspective he brought to committee business.

Finally thank you to the small but effective committee for their work to keep the Wellington Branch of Physiotherapy New Zealand ticking along – I look forward to working with them again.

Activities and Achievements

- A thought-provoking workshop in February from Katrina Bryant, on "Tikanga Māori and its place in Physiotherapy" was the best-attended branch meeting during the year.
- The May meeting saw the 2010 Searchwell recipients, Meredith Perry and Sue Doesburg present in relation to their recent research.
- "The Role of the Interdisciplinary Team in Pain Management" was the title of a presentation by Dagmar Hemple at the July meeting where also Ben Darlow was announced as recipient of 2011 Searchwell funding.
- Fourth-year physiotherapy student, Sarah Chadderton, received the Community Service award at the September meeting, where Dr Lynn Bardin from Austin Hospital in Melbourne presented on "Unravelling clinical decision-making and exercise prescription in complex low back pain".
- At the final branch meeting for 2011, at which we also held our AGM, CCDHB physiotherapist Ruth Carter received our Clinical Supervisors Award. Brian Mulligan followed with an entertaining presentation.

Plans

In light of the interest shown at Dr Bardin's presentation, the 2012 committee plans to have her return to Wellington to run a SPINE pilates course early in the year.

.....
Sue Doesburg
Chairperson

NELSON MARLBOROUGH

Committee Members

Kate Gordon, Chair; Tracey Wilton, Secretary; Jeanette King, Treasurer; Lindy Horrocks, Public Liaison; Leonie van den Bergh, Blenheim Liaison; Tracey Wilton, Newsletter; Mike Monahan; Jean Willy; Edith Mertens; Bronwyn Tuck; Sheryl Wilson; Jacqui Sinclair; Helen Macdonald; Liz Coke; Karrin Aitken-Meehan

Activities and Achievements

We have hosted two Mulligan Part A courses and one Part B. These were at a cut-price rate for Nelson/Marlborough members.

We have also been able to provide two CPR refresher courses at a 50% discount for our members.

Monthly meetings have had increased attendance. In fact for Trish Brown and Evangeline Ley's presentation on Assessment of the Hand we almost had people squished outside the door. This also occurred when Michael Monaghan presented on The Thoracic Spine. Many thanks to these presenters.

Amy Heath presented our first webinar. Luckily Rob Sheridan (NMDHB) and Tracey Wilton co-ordinated this to make it possible.

Elaine Shields won our competition for a case study. This was printed in the local newspaper along with the PNZ news release for World Physiotherapy day.

Anna Ranson presented on Dynamic Stabilisation of the Hip following funding approval from the branch. This was again a more practically based evening enjoyed by those who attended.

Plans

Next year we plan two webinars, one with the local radiologists who are keen to continue helping with our CPD.

The branch is part-funding Bronwyn Tuck's attendance at the Neuro Orthopaedic Institute conference in Australia.

We are also lucky to have feedback from Glenn Thomas from this year's NZMPA conference to look forward to.

We have decided as a branch that we would like to promote the profession locally by participating in a triathlon – we hope with some of us using walking aids.

.....
Kate Gordon
Chair

CANTERBURY

Committee members

Wendy Fulton, President; Deidre Crichton, Secretary (until November); Sue Willems, Treasurer; Joke van Staveren; Tina McCormack; Robyn Bayly; Sara Lister (Timaru); Meris Brandram-Adams; Jo Nunnerley; Tracey Pons

Acknowledgements

Thanks to PNZ National Executive and National Office for the fantastic support to our region over the past year in so many ways. The appointment of Earthquake Support and Liaison Nicola Green, has been very valuable to our members. We are grateful also to the wider PNZ membership for donations, offers of assistance and supportive messages.

Thank you to the Physiotherapy Board for their consideration to members regarding Annual Practising Certificates and exclusion from the 2011/2012 audit year.

Congratulations to Sara Lister and South Canterbury members on their commitment.

Activities and achievements

- March – Autumn Seminar cancelled due to earthquake.

the Otago School of Physiotherapy

- November – social function farewelling Deidre Crichton, acknowledging Hilary Godsall's contributions as Physiotherapy Board Chair
- December – Christmas get-together and general meeting. Updates from Sandy Ferdinand, Physiotherapy Board Member, Robyn Bayly, Nicola. Presentation of the Recover with Canterbury Physiotherapy Project for approval by members.
- Tina and Joke attended PNZ Strengthening the Links Seminars

Timaru subgroup

- June – Primary Health Care and Cultural Competency – Fiona Pimm
- July – Orthopaedic Health Pathways and the MRI Campaign – Mr Steve Earnshaw
- August – Shoulder Rotator Cuff Surgery – Sean van Heerden, Orthopaedic Surgeon
- September – Primary Health Initiatives
- November – 4 speakers from the Community and Health Board and Future Physiotherapy intervention and programmes

Our March edition of Physio Matters covered the 22 February earthquake: Canterbury members' experience; how they continued to serve their community; support from other members; and PNZ determination to help.



- March – Post-earthquake support meeting, hosted by PNZ and Physiotherapy Business - Gill Stotter and Karen McLeay attended
- May – Jan Smith attended PNZ AGM and forum
- June – Social function, meet: Greg Knight, PNZ National Executive; Robyn Bayly, Primary Care Liaison Team – Physiotherapy; Nicola Green, PNZ Canterbury Earthquake Support and Liaison
- July – seminar, “How to work better and cope with EQ stressed patients,” presented by Rosemary Mannering, arranged by Nicola
- September – seminar, “Physical activity in populations, from research to practice,” arranged by Nicola and supported by

Plans

As Christchurch rebuilds its communities, the physiotherapy profession must have a strong profile as professional provider of an important health service.

We look forward to 2012 and working with PNZ and our members to progress these initiatives.

.....
 Wendy Fulton
 President

OTAGO

Committee Members

Stephanie Woodley, Chairperson; Ainslie Johnson (to mid-year) and Amanda O'Reilly, Secretary; Jody Watson (to mid-year) and Brett Woodley, Treasurer; Chris Higgs, Education Officer; Leica Claydon, Marketing Liaison Officer; Bridget Dickson; Cathy Chapple; Sinead Lodge and Gina Maxwell (Southern Physiotherapy Symposium Subcommittee); Amanda O'Reilly; and Brett Woodley (from July).

Acknowledgements

We sincerely thank Ainslie and Jody for their valuable contribution over the last few years.

Activities and Achievements

The main focus of 2011 was organising and hosting the 6th Southern Physiotherapy Symposium, held in Queenstown at the Heritage Hotel, 4-6 November. Again, we offered an exciting, dynamic mix of nationally and internationally recognised speakers who addressed the diversities of contemporary clinical practice. The keynote speakers were Professor Bob Haennel (Canada), Professor Gwen Jull (Australia), Jenny McConnell (Australia) and Associate Professor Lisa Harvey (Australia). We were also delighted to hear from local presenters Dr Tony Schneiders, Dr Cath Smith, Pete Gallagher and Associate Professor Joanne Baxter as well as a group of postgraduate physiotherapy students. Thank you to all who attended and to our superb subcommittee for organising the Symposium so professionally.

We ran two advertisements to promote the diversity of services physiotherapists offer:

- In May, we collaborated with the Asthma Foundation on publishing an advertorial in a local paper entitled "Physiotherapy and Breathing".
- Our second feature in September promoted World Physiotherapy Day and included an article on arthritis, with supporting advertisements from local physiotherapy practices.

Plans

In 2012 we anticipate organising one or two short courses for members' continued professional development. Dr Lynn Bardin, consultant physiotherapist from Melbourne, will present a workshop in February, "SPINE Pilates for low back pain: from complex clinical decision-making to evidence-based exercise prescription". We look forward to other suggestions from members regarding local initiatives, presentations, courses and workshops.

.....
Stephanie Woodley
Chairperson

SOUTHLAND

Committee members

Anna Thompson, Chairperson; Kathryn Blain, Secretary; Ruth Nicolas, Treasurer; Jeff Walker; Communications Officer; Kjersti Carmichael, Hospital Liaison; Sarah Mahon (until October); Elvira Masters; Kim Laurie (from June).

Activities and achievements

Our committee remained unchanged until Kim Laurie joined the team in June and Sarah Mahon left us to go to Australia in October.

2011 was another busy year for the Southland Branch committee. Our education sessions started in May with a branch meeting in Gore, where we were updated on some of the current research in the Otago School of Physiotherapy. Later that month we had a breakfast talk on coaching parents of disabled children, then an intriguing talk on Functional Capacity Evaluations. We also ran a very interesting session on mental health issues in early June. Unfortunately the latter two sessions were very poorly attended. Our last education session updated us on some of the more recent developments and techniques used in ultrasound.

We organised a very successful social night to coincide with World Physiotherapy Day and the opening of the Rugby World Cup. The competition fired up as teams battled in the inaugural physiotherapy bowls tournament. This was followed by a lovely dinner as we watched the Rugby World Cup opening, well attended by branch members, their partners and clinic support staff.

The year finished with our AGM, which was well attended, with two more committee members joining. Our guest speakers shared volunteering experiences in Haiti and Niger (Africa), where they worked as physiotherapists in very challenging settings!

Plans

We are looking forward to the opportunities and challenges of an exciting new year. We will continue to organise educational sessions, and hope to organise a course in Southland as well as continuing with a social session for our members.

.....
Elvira Masters

THIRTEEN SPECIAL INTEREST GROUPS SUPPLY RESOURCES AND EDUCATION TO PHYSIOTHERAPY NEW ZEALAND MEMBERS WHO SPECIALISE IN PARTICULAR AREAS OF EXPERTISE OR PRACTICE. INCREASINGLY, THE SPECIAL INTEREST GROUPS ALSO FEED INFORMATION TO THE REST OF THE PROFESSION WHO NEED TO IMPROVE THEIR UNDERSTANDING OF THESE AREAS.

ACUPUNCTURE PAANZ (THE PHYSIOTHERAPY ACUPUNCTURE ASSOCIATION OF NEW ZEALAND)

Executive committee members

Guy Bailey, President; Trevor Montgomery, Treasurer; Jane Scoular, Registrar; Anne Macann, Education Officer; Kirsty Speedy; Jillian McDowell; Susan Kohut; Andrea Moses; Derek Timmins; Nikki Tse

Tribute

It is with utmost sadness that I report the untimely death of our administrator Diana Cox, who died on 7 January 2012 in the Wairarapa ballooning tragedy along with her husband Howard. Her warmth and uncomplicated manner of dealing with PAANZ business is sorely missed. We are richer for having known her and poorer for having lost her.

Activities and achievements

The education team of PAANZ tutors remains constant: Wendy Lockhart, Kirsty Speedy, Shirley Lamont, Guy Bailey, Jill McDowell, Gabrielle Friedrich, Hamish Ashton, Robyn Vintiner, Sandy Page, Linley Leuthard.

PAANZ has gone through a slight change of focus in the last couple of years under the guidance of our executive committee and education team. Our intention now is to bring in one or more high-calibre overseas speakers each year.

To this end we brought in Jay Shah from the USA, a very exciting speaker involved in very relevant research for us physiotherapy acupuncturists. It focuses around assaying trigger points to clarify the physiological processes occurring there.. He has also put together a strongly Western Acupuncture-focused treatment approach for pain. It is interesting to note how strongly this parallels Traditional Chinese Medicine approaches to the treatment of pain.

Otherwise the PAANZ courses for this year involved the Case Study Day, Sports Medicine course, Cupping & Moxa (a new course for PAANZ), and Ear Acupuncture.

PAANZ has accumulated a wealth of knowledge in the form of case studies. Diana made these available on our website, listed by condition, and searchable.

Di Turnbull, who has travelled extensively to overseas courses for physiotherapy acupuncturists, noted that our Kiwi level of knowledge and skill in acupuncture is very high.

Plans

- Annual case study day (February 2012)
- Acupuncture Upskilling (Hamilton, March)
- Women's Health Endocrinology/Immune Systems – Elizabeth Steiner Victorin (Auckland, March)
- Workshop on Fundamentals of Musculoskeletal Pain – Thomas Graven-Nielson (Wellington, May, after PNZ Conference)
- AGM and Register Day; Headaches; Women's Health/ Pregnancy (Queenstown, July)
- Sport Acupuncture (Dunedin, September)

We have suffered an untimely loss, but PAANZ will strive to continue offering the best to members.

*Guy Bailey
President*

BUSINESS FORMERLY NZPPA (NEW ZEALAND PRIVATE PHYSIOTHERAPISTS ASSOCIATION)

Executive committee members

Andrew Scott, Executive Chairperson; Emma Kingan; Jenny Lucy; Trevor Montgomery; Kara Mulvein; Jan Smith

Acknowledgements

- Scott Thomson – elected Chairperson of the International Private Practitioners Association (IPPA). We look forward to continuing the mutually rewarding relationship with IPPA.
- Andrew Scott – resigned as Chair in November – for his contributions.

Activities and achievements

- Business seminars in three centres in March featured Craig Allingham, physiotherapist, business owner, author and professional speaker.
- A series of three webinars were enthusiastically received by members. After cancelling a business seminar in Christchurch due to the devastating February earthquake, we hosted with PNZ an open forum for Canterbury physiotherapists. Craig Allingham sponsored a further forum for Christchurch in May, helping physiotherapists to maximise social media to communicate, network and reactivate their businesses.
- Special general meetings in conjunction with the business seminars elicited members' feedback on services provided and areas for improvement. We then restructured membership categories and introduced a new category for physiotherapists not in business but needing access to business and employment information, resources, guidance and support.
- We launched a new website featuring the new Physiotherapy New Zealand branding – well received for ease of use and excellent resources and information.
- A Memorandum of Understanding between NZPPA and General Practice New Zealand (GPNZ), aims to promote and facilitate co-operation and collaboration on matters of joint interest. We continued to be a member of the ACC Futures Coalition, supporting it and keeping members informed of its work.

2011 was a particularly challenging year for us. The Executive Committee devoted much time to strategising our future and reviewing operations, including resourcing.

Plans

We will continue to work closely with PNZ on providing the best possible business leadership and support for all physiotherapists in private practice.

*Jan Smith
Executive Chairperson (Acting)*

CARDIOTHORACIC

Committee members

Karen Evison, Chairperson; Fy Dunford, Secretary; Sarah Butler, Web Page Editor; Kirsty Johnson Cox, Treasurer; Lynne O-Keeffe, Education Officer; Heather Argyle, Database Secretary

Activities and achievements

We maintained a full committee for the year and were pleased to see many of our members present at the AGM. This has encouraged us to continue the same format and timetable our 2012 AGM within a CTSIG-run course (Monday 7 May).

Our 2010 survey directed our priorities, so our efforts concentrated on organising and providing courses, maintaining and updating the CTSIG website and representing the CTSIG at various forums such as the PNZ-run leadership days. We championed cardiorespiratory interests when commenting on WCPT issues and PNZ document reviews.

The CTSIG scholarship process continues, with details on our site. We also welcomed the opportunity to support both schools of physiotherapy in an achievement award for "The 4th year student who demonstrates best all round clinical practice whilst undertaking a cardiorespiratory placement", through a certificate and a \$150 book voucher.

We answered all membership queries – fewer since we put answers on our website.

Plans

Dr Mark Elkins (research physiotherapist, respiratory investigation unit at the Royal Alfred Hospital, Sydney, scientific editor of the Australian Journal of Physiotherapy, co-Director of the centre maintaining PEDro) will provide a post-conference course on "Applying airway clearance techniques to your clinical practice". This will be pitched to senior clinicians and all interested in airway clearance and sinusitis management, with a component on identifying and obtaining higher quality research evidence. As usual the member discount for the course is more than the annual membership fee. Details on our website.

We forwarded members' suggestions for speakers and topics at PNZ conferences.

To meet our survey's requests we will continue to provide courses and education days subsidised for members.

.....
Fy Dunford
Secretary

CONTINENCE & WOMEN'S HEALTH

Committee members

Ann McKellar, Chair; Melissa Davidson, Secretary; Trish Wrigley, Treasurer; Margie Humphreys, Newsletter; Julia Johnson, College representative; Ruth Broom, IOPTWH representative; Ann O'Leary; Carol Ramsden; Jill Wood; Vicki Holmes

Acknowledgements

Committee members are an amazingly committed group of people who throw so much energy into their passion for women's health and continence, to benefit all members

Thanks to them all, especially Melissa for keeping us on track, Trish for her grasp of finances, and Ruth for her liaison with IOPTWH.

Many thanks to all those contributing to the newsletter and Margie for taking on this responsibility

Activities and achievements

- Our quarterly newsletter – recent research and book reviews.
- We cancelled a planned basic continence course in May due to a clash with a relevant course by another SIG which we did not know about when planning. This demonstrates the need for professional development co-ordination by Physiotherapy New Zealand.
- We were represented at both PNZ Strengthening the Links seminars.
- We continue to flourish, passing the 100 mark.
- We investigated a register of levels of competencies for SIG members and drafted a form.
- Committee meetings are by Skype.
- We provided assistance to: Melanie Bennett, to present on her postgraduate work at Excellence Down Under in Melbourne; and Ruth Broom to attend IWOPT in Canada.
- In October Vicki Lukert, a New Zealand-trained physiotherapist working in the USA who has presented with Holly Herman, provided a stimulating and challenging course on myofascial release in relation to pelvic floor problems.

Plans

- Basic course in April 2012 in Queenstown
- Marg Sherburn is presenting at PNZ conference in May.
- A post-conference workshop
- Facilitating members' ongoing education; maintaining consistent standards; and encouraging physiotherapists to enter this very interesting specialty

.....
Ann McKellar
Chair

DISTRICT HEALTH BOARD LEADERS FORMERLY PALMS (PHYSIOTHERAPY ADVISORS, LEADERS AND MANAGERS)

Committee

Tracy Hogarty, Chairperson & Southern Region representative; Kristine Nicol, Secretary & Northern Region; Sue Doesburg, Treasurer & Central Region; Dale Radford Southern Region; Lindsay Pooley, Midlands Region; Elizabeth Wilkinson, Upper South Region

Regions

- **Northern:** Counties Manukau, Auckland, Northland, and Waitemata DHBs
- **Midlands:** Waikato, Tairāwhiti, Lakes, Bay of Plenty, and Taranaki
- **Central:** Capital & Coast, Hutt Valley, Wairarapa, Mid Central, Whanganui, and Hawke's Bay DHBs
- **Upper South:** Canterbury, South Canterbury, Nelson-Marlborough, and West Coast DHBs
- **Southern:** Southern DHB

Activities and achievements

- The committee, made up of the regional representatives, has held monthly telemeetings throughout 2011- 2012.
- Members were sent a letter outlining the membership process. The contacts list, membership process (including flowchart) and application form have been sent to Physiotherapy New Zealand.
- Sue Doesburg attended the PNZ Strengthening the Links seminar in April.
- Liz Wilkinson attended the Strengthening Links seminar in August.
- We held our conference 15-17 August in Wellington, with a theme of "Surviving and Thriving in Health Care Change".
- Kris Nicol is a member of the Australia National Emergency Department Network.
- The committee provided feedback to PNZ and the Physiotherapy Board about revision of the Code of Ethics and Professional Conduct. We also congratulated the Board and PNZ on the professional and thorough way they have managed this project and the huge amount of work into developing this document by Lynley Anderson, University of Otago Bioethics Centre.

Plans

- PNZ will coordinate the membership process for the 2012 financial year.
- The 2011 financials will be reviewed and presented to the 2012 AGM.

.....
Tracy Hogarty
Chairperson, Executive Committee

EDUCATION PEG (PHYSIOTHERAPY EDUCATION GROUP)

Executive members

Daniel O'Brien (Chair); Sonya Veale (Secretary); Chris Higgs (Membership Secretary/Treasurer); David Nicholls; Erik Dombroski; Paul Hendrik; Rene Templeton.

Activities and achievements

2011 was a busy year for PEG, with a couple of changes in the executive, and development and facilitation of two reflective practice courses. In May Dave Nicholls stood down as chair. Paul Hendrik and I joined the executive, and I was elected the new chair. Dave's involvement in the inception and development of PEG has been invaluable. While he has resigned as chair, he continues to be active on the PEG executive.

PEG promoted and facilitated two courses: a one-day reflective practice course in August in Lower Hutt; and a two-day reflective practice and embodiment course in September in Whangarei. Both were well attended and the feedback was very positive.

Membership grew to 89 members this year. This has been facilitated by the addition of a student membership to PEG. Undergraduate physiotherapy students who are PNZ members can now join PEG for free.

The PEG website moved to be incorporated in the PNZ website and can now be found under Special Interest Groups in the members' area on the site along with links to the PEG blog and Facebook page.

The PEG Executive held seven teleconference meetings during the year, discussing issues such as: free membership to the group in 2013; the proposed physiotherapy supervision guidelines; primary care competency working party proposal; advanced practitioner status; and new graduate support.

Plans

In 2012 PEG is looking to: continue more reflective practice courses (the first is planned for April in Invercargill); develop a new PEG newsletter; sponsor members to attend educational courses; and work towards being fee-free in 2013.

.....
Daniel O'Brien
Chair

HAND THERAPISTS NZAHT (NEW ZEALAND ASSOCIATION OF HAND THERAPISTS)

Committee members

Craig Hawkyard, President; Evangeline Leys, Secretary; Trish Brown, Treasurer; Moana Cameron, President-elect

Activities and achievements

A very successful conference was held in Napier in November, titled "The Wrist." There was record attendance, with some highly regarded international keynote speakers.

The NZAHT has continued to support research. Two scholarships were awarded over the year, and a third is currently being reviewed. We were delighted to help a member to present her masters research personally at the annual American Society of Hand Therapists meeting and to support further masters research via the scholarships.

The education committee continues doing a fantastic job, arranging relevant workshops and courses over the year. The clinical anatomy workshop in Auckland was fully booked for both sessions.

Plans

Our 2012 annual conference "Sense and Sensibility" with Birgitta Rosen from Sweden, will be held in Dunedin from 2-4 November 2012.

A one-day workshop "Milicich Method" will be run in May 2012. If there is enough interest then there may be a second workshop the following day.

Discussions with our Australian colleagues are underway, to look at a Trans-Tasman conference in Melbourne in 2013.

We are doing further work to raise the profile of hand therapy with the New Zealand public and possible referrers.

Acknowledgements

I would like to acknowledge all the members of the NZAHT and our Administrative Assistant Marlene Pouri-Lane, for their effort in furthering our association and hand therapy in New Zealand.

.....
Craig Hawkyard
President

MANIPULATIVE PHYSIOTHERAPY NZMPA (NEW ZEALAND MANIPULATIVE PHYSIOTHERAPISTS ASSOCIATION)

Committee members

Dusty Quinn, President; Richard Hopkins; Michelle Sintmaartensdyk; Richard Ellis; Jill Caldwell

Acknowledgements

- National Office for support.
- Our committees and Trustees for tireless work.

Activities and achievements

Training courses

- We held four two-day MCEP courses, in Auckland, Wellington (Lumbar Spine) and Christchurch (Cervical Spine). The first Christchurch course was postponed following the earthquake but the lost time will have been caught up in early 2012.
- We held a Lumbar Spine Upgrade course in Auckland on 14 July.

NZMPA Conference

The biennial conference entitled "The Role of Exercise in the Management of Musculoskeletal Pain and Dysfunction" was attended by 180 delegates in Rotorua in August. The invited speakers, Dr Alison Grimaldi, Prof Kim Bennell and Matt Kritz also ran conference courses.

NZMPA Educational Trust

- Amendments to the Trust were approved at the AGM.
- The Trust received several funding requests. Five totalling \$17,986 were awarded.

Meetings

- The AGM in August approved the amended constitution and new strategic plan.
- The Executive and other committees held regular meetings.
- We held two planning sessions to discuss the future direction of the NZMPA and its training activities.

Newsletters

- Members received quarterly newsletters electronically.

Liaison

- Steve White is our IFOMPT representative.
- Duncan Reid continues on the IFOMPT Executive. He and Wayne Hing attended the June WCPT Congress and IFOMPT meetings in Amsterdam.

Plans

- The regular MCEP courses will take place in 2012.
- The AGM and activities will be held in Christchurch in August.
- We have invited Alison Grimaldi back to present North and South Island courses.

.....
Dusty Quinn
President

NEUROLOGY

Committee members

Denise Lyness (Auckland), Chairperson; Louise Taylor (Auckland), Secretary; Anna McRae (Auckland), Treasurer; Sally Bowes (Tauranga), Marketing Representative; Todd Stretton (Auckland), Newsletter Editor; Kimberley Donovan (Nelson); Kath Reed (Katikati); Leigh Hale (Dunedin); Lynette Lulich (Auckland); Gilly Davy (Auckland)

Acknowledgements

Denise thanks the Neurology Group committee members for their hard work and commitment. Denise would like to also thank the National Office for their support throughout the year.

Activities and achievements

Neurosposium, May

Theme: "Stepping Forward". The Neurosymposium, held in Dunedin over two days, was very successful and entertaining. Stephanie Woodley presented a pre-conference workshop on neuroanatomy and Fiona Jones presented a post-conference workshop on self efficacy.

Grants

One Neurology Group grant was approved.

Members' surveys

We completed two member surveys via Survey Monkey. One looked at what members wanted from being part of the Neurology Group; the second was about communication with members and use of technology to facilitate this. We were pleased with the responses.

New Links

The Neurology Group was invited to join the newly formed International Neurological Physical Therapy Association (subgroup of the WCPT). This we did with great pleasure and we are excited to see where this relationship is heading.

Plans

Physiotherapy NZ Conference 2012 pre-conference workshop

Pamela Duncan will present a pre-conference workshop entitled "Integrating care across the continuum – implications for physical therapy practice".

Support for members

We aim to ensure the Neurology Group continues to provide members with support to further their neurology interests within physiotherapy.

Grants

We welcome new applications for grants by October.

Denise Lyness, Chairperson

Louise Taylor, Secretary

OCCUPATIONAL HEALTH

Committee members

Joanne Williams, Chair; Joanna Heymel, Treasurer; Kirsty Powell, Secretary; Robyn Abbey; Jeanie Glasgow; Natalie Hankey; Wayne Hudson

At the AGM resignations were tendered by Joanne Williams, Joanna Heymel and Natalie Hankey, with new members Garth Munroe and Kurt Thomas coming onto the committee.

Acknowledgements

As this is my final report I would like to thank everyone for their support over the last eight years, especially fellow Committee members, the National Office of Physiotherapy New Zealand, and our members.

Activities and achievements

- Email communication to members on an as-needed basis
- Members were surveyed to gain information on qualifications held.
- We joined the triennial Occupational Health and Safety in Industry Group (OHSIG) conference, held for only the second time, and provided financial support for Christchurch colleagues to attend. It was great to see three presentations by physiotherapists. Our AGM was held during the conference.
- We wrote two submissions. The first was in response to the Department of Labour discussion document about privatisation of the ACC work account; the second to ACC regarding provider competencies.
- We had representation on the ACC Vocational Rehabilitation Reference Group meetings held during the year before development of the new tender document. Previous ACC liaison groups – the Physiotherapy and the Rehabilitation groups – have not met this year.

Plans

- Continued participation in OHSIG and support from members to combine our conference with this again in 2014
- The ACC Vocational Rehabilitation Contract changes may require ongoing communication and feedback to ACC as this service changes and evolves.
- Further discussion and work around what is an "occupational health physiotherapist" and what requirements are needed for physiotherapists undertaking vocational rehabilitation for funding bodies.
- Continued support and marketing of the new physiotherapy brand

Joanne Williams
Chair

OLDER ADULT PHYSIOTHERAPY FOR THE OLDER ADULT

Committee members

Liz Binns, Chairperson; Nateele Taylor, Secretary; Karen Porteous, Treasurer; Ann Newsom, Frances Hadfield

Acknowledgements

Our committee members who have resigned over the course of the year: Jessie Snowden; Lin Watson; Jane Sutherland; Jenny Bartley; Bev Karl; Moira Fahy; Sam Doogue

Activities and achievements

- An online member survey to gauge what our members wanted from the group.
- A SIG mission statement.
- Continual development and updating of the SIG page on the PNZ website.
- We subsidised the Australian Physiotherapy Association's book Clinical Outcome Measurement in Adult Neurological Physiotherapy for members, as a resource they can access no matter where they live in New Zealand
- We reviewed the Scholarship Fund, which now includes different levels of funding. This year Tara Martin was awarded \$1000 toward her Masters research "CUED UP Exercise Programme – Falls prevention for freezing in Parkinson's disease".
- A discussion document Physiotherapy in the Residential Aged Care Sector was tabled by the SIG at the August meeting of the National Executive committee and is now identified as an area of work requiring attention.
- We held our annual study day and AGM in Auckland in November

Plans

- Develop a residential aged care sector focus group and working party
- Review the SIG rules
- Hold an extra special meeting to coincide with the PNZ 2012 conference
- Continue to deliver high quality educational opportunities for our members

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Liz Binns
Chairperson

PAEDIATRIC

Committee members

Larissa Scott, Chair; Bev Hoskins, Correspondence Secretary; Julian O'Hagan, Treasurer;

Helen Thorne, Minutes Secretary; Hilda Mulligan; Madeleine Sands; Margaret Davidson; Trish Pingram; Celia Reid; Gabriella Albers-Greenway; Catherine Coull; Anna Mackey; Jane Hollister; Sam Cartwright; and Judith Graham

Acknowledgements

We have sadly had to farewell some members. Many thanks to Jo Deaker, Jill Maslin and Debbie Little for their contribution to the committee. A special thanks to Gaela Kilgour for all her work in a wide range of duties, especially as course organiser.

Activities and achievements

- The committee continue to meet on a monthly basis via teleconferencing.
- We were pleased to be able to present two study awards:
 - **Hilda Mulligan:** to assist attendance at the WCPT Congress
 - **Barbra Rijnbende:** to assist attendance at the Paediatric Bobath Course
- We were privileged to run two courses:
 - Developmental course with Yvonne Burns in March/ April in Auckland and Christchurch
 - Paediatric Hydrotherapy course with Julie Harrison and Judy Larsen in Hamilton and Christchurch in November
- We once again awarded student prizes to a student at each physiotherapy school (Otago and AUT) for their enthusiasm and achievement in paediatric physiotherapy

Plans

We are planning to run another Mary Massery respiratory course in Christchurch, 16-18 November 2012. We are attempting to rebook Iona Novak and Sarah Love for a course on hypotonicity and the upper limb, and are looking into the possibility of an ethics course.

We continue to have a subcommittee working on updating the website and encourage members to actively participate in the discussion forum.

I would like to invite PSIG members to attend our teleconference AGM in June and consider getting involved in the committee to allow continued growth and planning for the year ahead.

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Larissa Scott
Chairperson

SPORTS PHYSIOTHERAPY NEW ZEALAND

Committee members

Tony Schneiders, President; Mike Borich, Secretary; Gisela Sole, Treasurer; Angela Cadogan, Newsletter Editor;

Hamish Ashton, IT consultant; Jim Webb; Bharat Sukha; Mark Cartman

Activities and achievements

SPNZ continued to offer a multitude of benefits to members which included full electronic access to the journal JOSPT, a quarterly hard copy of the SPA magazine "Sports Physio", bimonthly newsletters (Bulletin), discounts on sponsors' merchandise and contestable access to continuing education funding. We have continued promoting our ties with global sports physiotherapy organisations, especially the International Federation of Sports Physical Therapy where we now have a committee member on their executive. We have recruited a small team of volunteers who help the SPNZ Executive with various tasks, projects and article reviews for the SPNZ Research Reviews section that are published in recent editions of the Bulletin. As a group we have seen significant growth in membership over the last few years and Sports Physiotherapy New Zealand (SPNZ) is now the largest professional sports medicine/physiotherapy association in the country as well as the largest special interest group within Physiotherapy New Zealand. With this large network of people we were able to extend an offer of help to colleagues in Christchurch following the devastating earthquake in February.

Plans

In 2012 we intend to work more closely with the International Federation of Sports Physical Therapy, and continue planning for our inaugural Sports Trauma course. The highlight of the year will be our Sports Physiotherapy Symposium in Tauranga in March; "Prevention, Practice, Performance". We are setting up an education sub-committee to plan and promote further continuing education initiatives for SPNZ. We are also redeveloping our website after our rebranding exercise late last year.

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Dr. Tony Schneiders
President

THE FINANCE COMMITTEE OVERSEES THE FINANCIAL MANAGEMENT OF THE SOCIETY, REGULARLY MONITORING ALL EXPENDITURE, WITH THE MANDATE TO ENSURE THE SOCIETY REMAINS IN A STRONG FINANCIAL POSITION.

FINANCIAL REPORT
FOR THE YEAR ENDED 31 DECEMBER 2011

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The consolidated financial statements represent the combined financial activities of the New Zealand Society of Physiotherapists Inc (trading as Physiotherapy New Zealand), the Scholarship Trust fund and the Physiotherapy New Zealand Branches.
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Physiotherapy New Zealand (Consolidated)

Surplus

The net surplus after tax was \$80,580. Revenue from subscriptions was \$1,139,267, an increase of \$31,057 over the previous year. Operating revenue is less than that received in 2010 because no conference was held in 2011.

Balance Sheet

Accumulated funds and reserves were \$2,888,506 as at 31st December 2011. Working capital was \$1,343,167 as at 31st December 2011.

During the year The Scholarship Trust Fund repaid \$1,000,000 of the funds they owed to Physiotherapy New Zealand. \$700,000 was deposited with First NZ Capital who set up an investment fund in September 2011. The market value of investments as at 31st December 2011 was \$1,934,990.

Scholarship Trust

The Scholarship Trust Fund had a total income of \$111,611. \$64,084 was allocated for scholarship grants in the year ending 31st December 2011. The market valuation of the investment portfolio (cash, bonds and equities) at 31st December 2011 was \$1,230,174, an increase of \$149,500. Scholarship Trust Equity is \$877,916.

My thanks go to committee members Cheryl Hefford, Alan Laursen (lay person), Greg Lynch and Gill Stotter for their time and commitment to the work of the committee.

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Sheila Mann
Chairperson
Finance Committee